


Engage Connect Evolve

Impactful Focus Series

Non-gender specific programs



*Supporting people of all ages, cultures,
and life stages with our organisation's
dynamic, inclusive programs,
dedicated to personal and professional
development in a vibrant community
committed to inclusion and diversity.*



The
Evolve
Academy

Collaborate with Evolve:

Introducing our dynamic combined series tailored to organisations prioritising employee support and opportunities for development amidst the hustle of work. Whether you're navigating budget constraints or time limitations, our condensed programs offer immediate value and actionable strategies to empower individuals within your organisation and bring communities together. Crafted as an ideal introduction to our comprehensive, detailed programs, this series is designed to kickstart your journey towards gender diversity and inclusion while fostering environments where employees feel supported, connected and accountable.

In our Impactful Focus Series we delve into curated topics, ignite curiosity and bring instrumental growth, whilst equipping people with tools to thrive professionally. Join us for a taste of empowerment, witness firsthand the impact our programs have, and provide your employees with the chance to reset, be inspired, and thrive in a safe and supportive environment.

Committed to providing our clients with unparalleled access to an abundance of learning, engaging, and research + strengths-based strategies, we empower them to uncover their talents and natural abilities. With a deep understanding of the challenges they face in the workplace, we forge enduring partnerships with our clients, serving as trusted facilitators.

By offering comprehensive shorter programs we are bringing you a variety of offerings to support all of your staff. We provide moments of interaction, connection, and development opportunities for continued growth.

Collaborate with us to empower your workforce across our nation, leading to a more fulfilling life.

Deb Elliott
Founder + CEO
The Evolve Academy
ACN 676 035 537





THE EVOLVE ONE DAY SERIES

Immersive Experience

CONFIDENCE, COURAGE AND SELF-LEADERSHIP: A PATH TO PERSONAL GROWTH

Step into your potential with our one-day workshop. A Four-Step Process to Plan for Your Future. In this session, we'll guide you through a journey of self-discovery and empowerment, starting with the foundation of confidence.

Confidence is more than just a feeling, it's a mindset rooted in understanding your **purpose and values**. When you fully show up in your role, you make a lasting impact on your career and leave impressions that resonate with others. By clarifying your values, you'll instil confidence and find the courage to initiate important conversations. **Embracing new experiences** and breaking **out of your comfort zone** enriches your interactions, earning respect and nurturing a healthier self-image.

Next, we'll explore the power of **courage**. Making the first move takes bravery, but the benefits are profound. From achieving key outcomes to fostering **clearer communication** and mutual respect, courage enables you to navigate challenges with assertiveness and empathy. By speaking up and asserting yourself with our PACT model, while valuing others' perspectives, you learn to command respect and build stronger relationships.

Join us for this immersive workshop and embark on a journey of self-discovery. Gain the confidence to define your purpose, the courage to take action, and the self-leadership skills to shape your future with intention and impact. It's time to step into your potential and plan for the future you deserve.

EMERGING LEADERS: BUILDING FOUNDATIONS TO SUCCESS

Welcome to the Emerging Leaders Workshop: Building foundations for progress! This program is designed to empower anyone **new to leading a team on their** journey towards effective leadership by providing them with the tools and insights necessary to understand and develop **their unique leadership style**. As emerging leaders, it's important to gain a deep understanding of what you do and don't want in your leadership approach. Through engaging discussions and practical exercises, you'll uncover your identity, strengths, and areas for growth, enabling you to set a **solid foundation** for your leadership journey.

One key focus of this workshop is on cultivating good habits early on to **prevent negative patterns** from taking hold. By gaining control of your **habits and mindset**, you'll be better equipped to navigate the challenges of leadership with **resilience and clarity**. Moreover, we'll explore strategies for effectively **managing situations** and teams, emphasising the importance of **delegating tasks** and focusing on the big picture rather than getting bogged down in technical details.

In this workshop, you'll learn the importance of showing up with authenticity and dedication, bringing your full self to your leadership role. We'll discuss techniques for **managing stress** and maintaining a sense of control amidst the demands of leadership, ensuring that you can lead with confidence and poise. Join us for the Emerging Leaders Workshop and embark on a transformative journey towards becoming a successful and impactful leader.





THE EVOLVE VIRTUAL SERIES

Three Hours of Power

1

CAREER ACCELERATOR: PROPEL YOUR SUCCESS JOURNEY

A program inspired to ignite your professional journey. In the dynamic realm of modern careers, your **personal brand** is not just a once off but your story that will guide your career progression. Have you considered how are you showing up in the digital sphere or commanding attention in team huddles and client interactions? Let's ensure every move you make resonates with purpose and propels you towards success. Dive headfirst into the art of **authentic networking**, where genuine connections can make a real impact on your career progression. Discover the transformative power of **sponsorship**, as reaching out to seasoned key people of influence could be what you are missing to guide you through pivotal career crossroads, unlocking doors you never knew existed. And let's not forget the cornerstone of your journey: together, we'll map out key moments to progress, ensuring each step brings you closer to your aspirations. Are you ready to ignite your career journey, make connections, and have more awareness of your overall impact? Join us, and let's set your career ablaze with possibility.

2

RECHARGE AND RENEW: OVERCOMING EMOTIONAL EXHAUSTION

In this insightful workshop, we'll provide you with the essential tools and strategies to **reclaim control** over your life. Life's demands can often leave us feeling overwhelmed and drained, pulled in countless directions without a moment to pause. This workshop offers you the invaluable opportunity to step out of the chaos and dedicate time to yourself, giving you the time and space needed to **reset**. We'll delve into the intricacies of **stress response**, empowering you to recognise the signs and take proactive **steps to manage** them effectively. Through practical exercises and insightful discussions, you'll learn how to approach your day with newfound clarity, prioritising tasks and responsibilities to **alleviate overwhelm**. Moreover, we'll explore techniques for switching off your brain's constant chatter, enabling you to cultivate a **more productive, present, and engaged mindset** across all facets of your life. Join us on this transformative journey towards rejuvenation and the rediscovery of inner balance.

3

DREAMS TO REALITY: NEW PATHS TO PASSION AND FULFILLMENT

Too often, our dreams remain distant thoughts, seemingly out of reach. But what if trying something new was the key to unlocking your true **passion**? In this transformative session, we'll explore the power of **stepping outside your comfort zone** and embracing new experiences. By taking bold leaps, you'll uncover **hidden talents**, ignite passions you never knew existed, and pave the way towards a more fulfilling life—both inside and outside the office. Join us as we embark on a journey of self-discovery, where dreams become reality and every new endeavour brings you closer to the vibrant, **purpose-driven** life you've always envisioned. It's time to embrace life's endless possibilities and unlock the fulfilment you deserve.



4

AMPLIFY YOUR STRENGTHS:
SELF-DISCOVERY

A transformative workshop focused on unveiling the **unique strengths** within you. Have you ever found yourself perplexed by how effortlessly someone in your team excels in areas where you struggle? Or marvelled at how effortlessly some individuals navigate social interactions while you find yourself lost for words? In this interactive day of **self-discovery**, we'll celebrate and unpack your natural **superpowers**, shedding light on your **distinct talents and abilities**. Rather than fixating on weaknesses, we'll delve into the power of **leveraging your strengths** to achieve personal and professional success. Embracing the diversity of strengths among us, this workshop promises to be a journey of enlightenment and empowerment, guiding you towards **a deeper understanding** and appreciation of your unique capabilities. Join us as we embark on this enriching exploration of self-discovery and you will see how to harness the full potential of your innate strengths.

5

EMBRACING INCLUSIVITY:
BUILDING CONNECTED TEAMS

Designed for newly established team leaders and managers to share how to bring your team together with inclusivity and connectedness, an engaging workshop dedicated to reshaping your **team dynamics**. This program dives deep into the importance of **inclusivity** in fostering cohesive, **connected teams** where every member feels **valued and heard**. Through interactive sessions, we'll explore why **psychological safety** matters, the pro's and con's of communication, and supportive practices to cultivate an environment of **belonging**. By the workshop's end, participants will leave equipped with practical insights and a renewed commitment to fostering connectedness within their teams, driving collaboration and achieving shared goals.

6

AUTHENTICALLY IMPERFECT:
PRESENTATION SKILLS

Are you wanting to be seen for a higher role? The art of public speaking can allow you to be seen. Step into the spotlight with confidence by bringing your **authentic self** into presenting. For many, speaking up can be the greatest fear, we're here to unlock the **secrets of confident communication**. Join us as we uncover the strategies and techniques that experts use to **exude confidence**, even when feeling overwhelmed. Evolve brings a wealth of tools and expertise to create an interactive session that will leave you inspired and **empowered to speak up** in meetings, interviews to settle the nerves and share what it takes to be prepared to deliver compelling presentations at work and in your community whilst establishing yourself with **visible presence** for opportunities within your organisation. It's time to raise your visibility, amplify your voice, and embrace your authentic imperfections as strengths on your journey to success.





Bringing a community of diverse people together to gain strength and confidence. When women feel supported they become empowered to step up and be seen, realising how capable they truly are.

Are you ready to explore more and see how we can transform the lives of women in your organisation.

Book a discovery call now:
info@theevolveacademy.com.au

Join us for more insights.

our socials:    

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*One moment can change a day,
one day can change a life,
and one life can change the world.*

- Gautama Buddha



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